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Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3			
Main Meal Choice							
Chicken & Mushroom Pie  Country Vegetable Mix New Potatoes Gravy 	Chilli con Carne  Steamed Rice	Roast Pork with Apple Sauce,  Roast Potatoes, Sliced Green Beans, Cabbage & Gravy 	Sausage Roll  Home-made Jacket Wedges Baked Beans or Vegetable of the day	Cod Fish Fingers  Home-made Potato Wedges Garden Peas			
Vegetarian Choice							
(V) Quorn Curry  Wholegrain Vegetable Steamed Rice Garlic Bread 	Vegetarian Chilli  Steamed Rice	(V) Quorn Dippers  Roast Potatoes, Sliced Green Beans	(V) Vegetarian Sausage Roll  Home-made Jacket Wedges & Baked Beans	(V) Creamy Tomato Vegetable Sauce  With Pasta & Crusty Bread  Mixed Salad			
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.							
Jacket Potato Tuna Mayonnaise or Coleslaw 	Jacket Potato Cheese (V) 	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese & Beans (V) 			
Sandwich Selection A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.							
Dessert Choice							
Eve's Pudding 	Cheesecake with Fruit Topping 	Fruit Pots 	Lemon Drizzle Cake 	Fruit Jelly (V) 			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery