



















































Greenwood Academies Trust Primary Menu 2017 – 2018

Monday Week 1		Tuesday Week 1		Wednesday Week 1		Thursday Week 1		Friday Week 1	
Main Meal Choice									
Mini Beef & Vegetable Pasty,  Garden Peas Creamed Potatoes, and Gravy 		Cottage Pie  Broccoli, Sweetcorn,  Gravy 		Roast Turkey with Stuffing,  Roast Potatoes, Cabbage, Carrots and Gravy 		Pork Meatballs  Wholegrain Vegetable Rice Garlic Bread 		Breaded Cod,  Creamed Potato,  Baked Beans or Mixed Salad	
Vegetarian Choice									
(V) Vegetable Pasty,  Creamed Potatoes, Garden Peas  & Gravy 		(V) Macaroni Cheese  Crusty Bread  Mixed Salad & Coleslaw 		(V) Roast Quorn Fillet,  Roast Potatoes, Carrots, Broccoli Gravy 		(V) Quorn Meatballs with Pasta  or Rice & Garlic Bread  Sweetcorn or Mixed Salad		(V) Tomato & Basil Sauce,  Pasta Twists & Garlic Bread  and Mixed Salad	
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.									
Jacket Potato Tuna Mayonnaise or Coleslaw 		Jacket Potato Cheese (V) 		Jacket Potato Chicken Mayonnaise 		Jacket Potato Coleslaw or Baked Beans (V) 		Jacket Potato Cheese & Beans(V) 	
Sandwich Selection									
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.									
Dessert Choice		Dessert Choice		Dessert Choice		Dessert Choice		Dessert Choice	
Marble Sponge 	Yoghurt Selection (V) 	Apple Crumble 	Homemade Cherry Cookies & Fruit Juice 	Bakewell Tart 					
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.									
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.									
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya		
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery		

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