









































# Greenwood Academies Trust Primary Menu 2018-2019

Monday Week 2		Tuesday Week 2		Wednesday Week 2		Thursday Week 2		Friday Week 2	
<b>Main Meal Choice</b>									
Beef Burger in a bun  with Mixed Salad & Coleslaw		Lamb Lasagne,  Garlic Bread  & Mixed Salad		Roast Beef Yorkshire Pudding  Roast Potatoes, Broccoli Carrots & Gravy		Sausages  Home-made Jacket Wedges & Beans		Cod & Salmon Fish Cake,  Creamed Potatoes & Garden Peas 	
<b>Vegetarian Choice</b>									
(V) Quorn Burger in a bun  with Mixed Salad & Coleslaw		(V) Vegetable Lasagne,  Garlic Bread & Mixed Salad		(V) Veg Bake  Roast Potatoes, Broccoli & Carrots		(V) Quorn Sausages  Home-made Jacket Wedges & Beans		(V) Cheese & Onion Quiche  with Creamed Potato  & Garden Peas	
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.									
Jacket Potato Tuna Mayonnaise or Coleslaw 		Jacket Potato Cheese (V) 		Jacket Potato Chicken Mayonnaise 		Jacket Potato Coleslaw or Baked Beans (V) 		Jacket Potato Cheese & Beans (V) 	
<b>Sandwich Selection</b>									
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.									
Dessert Choice		Dessert Choice		Dessert Choice		Dessert Choice		Dessert Choice	
Frozen Yoghurts 		Fruit Muffins 		Homemade Custard Cookies 		Chocolate Sponge & With Chocolate Custard 		Fudge Tart 	
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.									
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.									
<b>All menu items are subject to availability.</b>									
<b>Allergen Symbols Key</b>	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya		
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery		

# Greenwood Academies Trust Primary Menu 2018-2019