








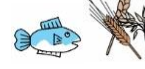






































# Greenwood Academies Trust Primary Menu 2018 – 2019

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3			
<b>Main Meal Choice</b>							
Chicken & Mushroom Pie  Creamed Potatoes  Green Beans & Gravy 	Beef bolognese With Spaghetti  Crusty Bread 	Roast Pork  Roast Potatoes, Cauliflower, Carrots & Gravy 	Meat/Fish Pizza Selection  Mixed Salad & Coleslaw 	Cod Fish Fingers  Home-made Potato Wedges Garden Peas			
<b>Vegetarian Choice</b>							
(V) Quorn Dippers  Creamed Potatoes & Green Beans 	Vegetarian Bolognese With Spaghetti  & Crusty Bread 	Glamorgan Sausages  Roast Potatoes, Cauliflower, Carrots & Gravy 	(V) Vegetarian Pizza Selection  Mixed Salad Coleslaw 	(V) Creamy Tomato Vegetable Sauce  With Pasta & Crusty Bread  Mixed Salad			
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.							
Jacket Potato Tuna Mayonnaise or Coleslaw 	Jacket Potato Cheese (V) 	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese & Beans (V) 			
<b>Sandwich Selection</b>							
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.							
<b>Dessert Choice</b>							
Eve's Pudding 	Cornflake tart 	Fruit FlapJack 	Lemon Drizzle Cake 	Fruit Jelly (V)			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.							
<b>All menu items are subject to availability.</b>							
<b>Allergen Symbols Key</b>	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery

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