






















































Greenwood Academies Trust Primary Menu 2018 – 2019

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1			
Main Meal Choice							
Sausage Roll  Potato Squares  Beans or Salad 	Cottage Pie  Broccoli, Sweetcorn, Gravy 	Roast Turkey with Stuffing,  Roast Potatoes, Cabbage, Carrots Gravy 	Pork Meatballs with Rice  Garlic Bread  Mixed Salad 	Breaded Cod,  Creamed Potato,  Baked Beans 			
Vegetarian Choice							
Cheese & Onion Pasty  Potato Squares with Beans or Salad 	(V) Macaroni Cheese  Crusty Bread  Mixed Salad 	(V) Roast Quorn Fillet,  Roast Potatoes, Cabbage, Carrots Gravy 	(V) Quorn Meatballs with Rice  Garlic Bread  Mixed Salad 	Quorn Curry  Rice  Naan Bread 			
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.							
Jacket Potato Tuna Mayonnaise or Coleslaw 	Jacket Potato Cheese (V) 	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese & Beans (V) 			
Sandwich Selection							
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.							
Dessert Choice							
Marble Sponge 	Fruit Cheesecake 	Ice cream roll 	Homemade Cherry Cookies 	Bakewell Tart 			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery