

PE Curriculum Timetable - Year 4

	Sep-18		Oct-18		Nov-18		Dec-18	
Week 1	OAA	Multi skills	OAA	Multi Skills	Target	Fitness	Target	Fitness
Week 2	OAA	Multi skills	OAA	Multi Skills	Target	Fitness	Target	Fitness
Week 3	OAA	Multi skills	Half -Term		Target	Fitness	Christmas Hols	
Week 4	OAA	Multi skills	Target	Fitness	Target	Fitness		
	Maple Swim	Maple Swim	Maple Swim	Almond Swim	Almond Swim	Almond Swim	Almond Swim	
	Jan-19		Feb-19		Mar-19		Apr-19	
Week 1	Invasion	Gymnastics	Invasion	Gymnastics	Dance	Net/ Wall	Dance	Net/ Wall
Week 2	Invasion	Gymnastics	Invasion	Gymnastics	Dance	Net/ Wall	Easter	
Week 3	Invasion	Gymnastics	Half Term		Dance	Net/ Wall	Easter	Easter
Week 4	Invasion	Gymnastics	Dance	Net/ Wall	Dance	Net/ Wall	S + F	Athletics
	Sycamore Swim	Sycamore Swim	Sycamore Swim					
	May-19		Jun-19		Jul-19			
Week 1	S + F	Athletics	S + F	Athletics	SD Prep	SD Prep		
Week 2	S + F	Athletics	S + F	Athletics	Tournament Week			
Week 3	S + F	Athletics	S + F	Athletics	Games Week	Games Week		
Week 4	Half Term		S + F	SD Prep	Summer Hols	Summer Hols		

	Curriculum Area	
	Gymnastics	Fitness
Games	Invasion	Athletics
	Striking and Fielding	Mutli skills (m-s)
	Target	Sports Day Prep (SD)
	Net Games	Swimming
	OAA	Dance

