

PE Lessons @ Dogsthorpe Academy – Autumn
Term/September 2020

In anticipation of your child returning/ starting their year at Dogsthorpe Academy, we would like to outline the procedures and expectations for Physical Education moving forward into 2020/21 academic year. Mr Elger, the PE Specialist, will be taking all of the PE Lessons, with support of Sports Apprentice Mr Metcalf.

- Your child will have 2 x 40 minute PE lessons per week, which will be outside, on the field, where/ when possible.
- You child's PE kit should involve; Academy (Purple) PE Top, Black Academy PE Shorts, Tracksuit top (Plain Black/Navy/Grey), Tracksuit bottoms (Plain Black/Navy/Grey), Trainers. (Extra layers under their PE top are optional & gloves/hats maybe required when it begins to get cold)
- Children should arrive to the Academy in their PE kit, and are expected to stay in their kit all day. (Preventing any changing in school)
- Children are asked to bring spare shoes/ trainers on PE days, due to most PE lesson being based on the field.
- In the event of extreme bad weather, when it would be unsuitable for the field to be used, some PE lessons maybe scheduled to take place in the hall or classrooms.
- Currently, due to the pool and services being closed, there will be no swimming lessons taking place. Further information, regarding swimming lessons starting, will be sent out during the autumn term.

Year 3

Chestnut – Monday & Thursday

Juniper – Monday & Tuesday

Lilac – Monday & Thursday

Year 5

Elm – Wednesday & Friday

Larch – Wednesday & Friday

Pine – Wednesday & Friday

Year 4

Cherrytree – Monday & Tuesday

Sycamore – Monday & Tuesday

Maple – Tuesday & Wednesday

Almond – Tuesday & Wednesday

Year 6

Ash – Thursday & Friday

Birch – Thursday & Friday

Oak – Thursday & Friday