



Some good ideas for lunch



Sandwich, wrap,
bagel, pitta, bun



Pasta salad



Yoghurt



Cheese



Crisps



Fruit



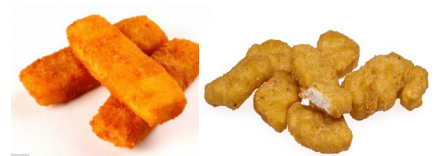
Please do not send these foods



burger



chips



Fish fingers/
chicken nuggets



Sweets/Chocolate bars



Fizzy drinks



Nuts



Pizza